



Mesa Verde Track & Field Contract

Welcome to the MV Track & Field program. Congratulations on being a member of the 2020 team.

MISSION STATEMENT: My goal for this team is for everyone to do their best both in the classroom and on the track. The coaches will continue to show up and do our best. As an athlete we expect you to do the same. The Mesa Verde interscholastic program is structured to incorporate individual growth, team growth, the pursuit of excellence, safety, and fun in competition.

PREREQUISITES: All athletes must have a doctor's clearance and proof of medical insurance on file with the MV athletic office prior to any Track & Field Participation.

SPORTSMANSHIP: Track and field is largely considered an individual sport for many. All athletes are expected to maintain a positive and coachable attitude throughout the season. This includes supporting teammates and cheering them on in events.

ELIGIBILITY: See the Mesa Verde Eligibility Requirements below.

PARTICIPATION REQUIREMENTS: Team members are expected to attend all practice sessions, scrimmages, non-league and league meets and invitationals as noted on the schedule. Excused absences include personal illness, family emergencies (accidents, deaths), special family celebrations, and academic requirements. Unexcused absences include non-emergency appointments, vacations, birthdays, babysitting, jobs, shopping, club sport conflicts, other extra-curricular activity conflicts, unless we have made prior arrangements. **In order to participate in a meet, you must be present for 5 practices prior to the meet.** When an excused absence prohibits you from attending practice or meets please alert Coach Skubic on remind. If you are not on campus, call 971-5278.

REQUIREMENTS TO EARN A LETTER (VARSITY): Must participate in all league meets and playoffs. Can miss a maximum of 3 excused practices.

TIME SCHEDULE: General school day practices are between 3:30-4:30/5, non-school day practices are between 8am and noon. Saturday tournaments are between 7am and 7pm. Weekday meets are between 2pm and 9pm. There are no practices on Sundays. The team practices Monday-Thursday with meets on Wednesdays.

CLOTHING/REQUIREMENTS/UNIFORMS: Practice attire is the athlete's responsibility (MVHS T-shirts and shorts). Each athlete needs a pair of decent running shoes. Running spikes are not required but will help in competition. Uniforms will be issued to each athlete upon selection of the team and return of the contract. Proper use and care for the uniform is the responsibility of the athlete. Replacement costs are charged to the athlete. If for some reason you cannot afford practice attire, please contact one of the coaches and we will make outside arrangements.



TRANSPORTATION: Athletes will be responsible for their own rides to non-league meets and invitationals. A bus will be provided to league meets more than 30 minutes away.

FUNDRAISING: In order to provide up-to-date equipment and enough equipment and uniforms for everyone, we have several fundraisers during the season. As they come up you will be informed of how to help.

I have read the Mesa Verde Track and Field program policies stated and agree to abide by them. I understand that failure to do so can prohibit me from playing in competitions, receiving athletic awards, and can result in dismissal from the team.

Athlete Name

Athlete Signature

Date

Parent Name

Parent Signature

Date



MESA VERDE ATHLETICS ELIGIBILITY & GRADING PERIODS

Unconditional participation in the Mesa Verde Athletics program requires a student-athlete to have a 2.0 GPA or higher, with no more than one F from the most recent grading period.

If a student-athlete drops below a 2.0 GPA with zero or one F, they are on **Contest Eligible Probation**.

- Athlete may practice and play in contests, if they meet weekly probation requirements.

If a student-athlete drops below a 2.0 GPA or has two F's, they are on **Contest Restricted Probation**.

- Athlete may practice but not play in contests, if they meet weekly probation requirements.

If a student athlete earns three or more F's, they are ineligible to participate in athletics. Athletic probation may only be granted once during an academic school year, not per season.

FALL SPORTS	WINTER SPORTS	SPRING SPORTS
July 29, 2019 to Nov 1, 2019 First Contact Date: Aug 17, 2019	Nov 4, 2019 to Feb 7, 2020 First Contact Date: Nov 16, 2019	Feb 10, 2020 to May 5, 2020 First Contact Date: Feb 22, 2020
Eligibility to Participate: Initial Eligibility - 6.12.19 grades First Grade Check - 9.13.19 grades Second Grade Check - 10.11.19 grades	Eligibility to Participate: Initial Eligibility - 10.11.19 grades First Grade Check - 11.22.19 grades Second Grade Check - 12.20.19 grades	Eligibility to Participate: Initial Eligibility - 2.7.20 grades First Grade Check - 3.20.20 grades Second Grade Check - 5.1.20 grades
DETERMINING STUDENT GPA: A=4, B=3, C=2, D=1, F=0 Total the number of points for each class and divide by the number of classes. Ex. A, B, C, D, 4+3+2+1=10 10 divided by 4 = 2.5 GPA		Term 4 Final: Term 1 Progress: Term 1 Final: Term 2 Progress: Term 2 Final: GRADING PERIOD END DATES: 6.12.19 Term 3 Progress: 9.13.19 Term 3 Final: 10.11.19 Term 4 Progress: 11.22.19 Term 4 Final: 12.20.19 2.7.20 3.20.20 5.1.20 6.9.20

"STRENGTHENING CHARACTER TOGETHER"