MAVERICK CROSS COUNTRY 2019 SCHEDULE

DAY	DATE	EVENT	<u>SITE</u>	START TIME	DEPART	<u>RETURN</u>
Saturday	September 7 th	Lagoon Valley Classic	Vacaville	8:30am	6:15am	3:00pm
Friday	September 13 th	North Tahoe Invite.	North Tahoe HS	3:00pm	10:00am	Sunday Afternoon
*Wednesday	October 2 nd	League Meet #1	Dixon HS	3:30pm	1:00pm	7:30pm
Saturday	October 5 th	Wildfire Invite.	Forest Hill HS	9:30am	7:30am	1:00pm
*Wednesday	October 16 th	League Meet #2	Woodland	3:30pm	12:00pm	8:00pm
*Wednesday	October 30 th	League Championships	Gibson Ranch	1:30pm	11:15am	6:30pm
Thursday	November 7 th	Fall Sports Awards	MV PAC	7:00pm		
*Saturday	November 9th	Subsections	Angels Camp	TBA	NEED TRANSPORTATION	
Saturday	November 16 th	Sections	Folsom High	TBA	NEED TRANSPORTATION	
Saturday	November 30 th	STATE	Fresno	TBA	TBA	TBA

*MANDATORY EVENT REQUIRED TO EARN A LETTER

Head Coach: Nichole Guccini (916-413-0706)

Assistant Coach: Julie Penunuri

Note: Depart and Return times are from/to Mesa Verde.

- To compete in your first race you must participate in at least 12 team practices. (coaches have final decision if they feel you are not fit enough to race even with 12 practices)
- To compete in the weekly races you must participate in the previous 3 team practices.
- * Missing practice on a regular basis may lead to you not participating in races. In this situation, coaches will determine if you will compete.
- ❖ Please seek out a coach if you have to miss practice. Do NOT have a teammate relay the information. More than 4 missed practices for ANY reason will result in you not earning a letter for the season.
- ❖ All athletes are EXPECTED to maintain C or higher academic grades as well as an A in all classes for citizenship.